

Rabbi Rodal's Principles of Parenting

1. Understand that your actions are a long-term investment in your child's future.
2. Be present and pay attention.
3. Praise at every opportunity.
4. Make time for each child on an individual basis.
5. Be genuine, truthful, and humble.
6. Don't be rushed.
7. Child's joys are your joys, child's pain is your pain.
8. Show interest WITH your patience.
9. Be sensitive at all times.
10. Children need to feel that you care. Listen more. Talk less.
11. Empower and build up your child by praising, focusing and maximizing their best attributes.
12. Lie down with your child at night.
13. Make every opportunity fun. Have games/silly things for bath time, shopping or anything.
14. Laugh. A lot. Joke. A lot.
15. Teach your child by example that the most important thing is to be a mentch.
16. Put your child's needs before your own.
17. Remember that your child is watching everything you do and will learn from you.
18. Learn with you child.
19. Share your curiosity with your child.
20. Show your child that it is ok to fail at something at first.
21. Call after every event or milestone in their life to find out how it went.
22. Give unconditionally with no complaints or resentment.
23. Never lose your temper with your child. Soft rebukes go a long way
24. Never discipline out of anger.
25. Teach your child by example how a spouse should be treated.

